



NUDE

AT THE BEACH

Desayunos

JUGOS DE FRUTA DE ESTACIÓN / SEASONAL FRUIT JUICES

Todos los jugos y combinaciones son servidos
en presentaciones de 310 ml.

All juices and combinations served are 310 ml.

JUGO DE NARANJA Ó MANGO / ORANGE OR MANGO

\$65

JUGO VERDE / GREEN JUICE

Jugo de naranja, piña, perejil, apio,
espinaca y nopal.

Orange juice, pineapple, parsley, celery
and spinach

\$70

ANTIGRIPAL / FLU REMEDY

Jugo de naranja, kiwi, guayaba,
miel y perejil.

Orange, kiwi, guava, strawberry,
honey and parsley.

\$75

PARA EMPEZAR / TO START CANASTA DE PAN DULCE / SWEET BREAD BASKET (4 piezas / pieces)

\$70

**HOT CAKES, WAFFLES, PAN FRANCÉS /
PANCAKES, WAFFLES, FRENCH TOAST**

(3 piezas / pieces)

\$145

BIRCHER MUESLI

Mezcla de avena, yogur y fruta.
Oats mixed with yogurt and fruit.

\$100

**AVENA CON PLÁTANO O MANZANA /
OATS WITH APPLE OR BANANA**

\$95

CEREAL

Acompañado con plátano y leche.
Cereal with banana and milk.

\$85

PLATO DE FRUTA / FRUIT PLATTER (270 g)

Piña miel, papaya, melón y sandía
acompañado de granola, yogur o queso cottage.
Cantaloupe, papaya, pineapple and
watermelon with plain yogurt or
cottage cheese.

\$125

DESAYUNOS COMPLETOS / FULL BREAKFAST

Sugerencia de consumo 7:00 a 12:00 hrs / Suggested consumption from 7:00 am to 12:00 hrs.

DESAYUNO CONTINENTAL / CONTINENTAL BREAKFAST

Jugo a elección, plato de fruta, pan tostado, café o té, mermelada y mantequilla.
Your choice of fruit juice, fruit platter, toasted bread, brewed coffee or tea, marmalade and butter.

\$245

DESAYUNO AMERICANO / AMERICAN BREAKFAST

Huevos al gusto (2pzas), fritos, revueltos u omelette.
Incluye jugo o plato de fruta, bollos de pan, mermelada, mantequilla, café o té.

Eggs your choice (2 pieces) – fried, scrambled or omelette. Included juice or freshly fruit platter, bread Rolls, marmalade, butter, tea or coffee.

\$280

DESAYUNO MEXICANO / MEXICAN BREAKFAST

Chilaquiles verdes o rojos servidos con pollo (180 g) ó arrachera (180 g) y un huevo estrellado. Incluye jugo o plato de fruta, bollos de pan, mermelada, mantequilla y café o té.

Corn tortilla pieces in green o red sauce with chicken (180 g) or Steak (180 g) and one sunny side-up egg, included juice or freshly fruit platter, bread rolls, marmalade, butter, tea or coffee.

\$265

DESAYUNO IHOP / IHOP BREAKFAST

Panqueques, waffles o tostadas francesas,
incluye jugo o plato de fruta, mermelada,
mantequilla, té o café.

Hot cakes, waffles or french toast, included
juice or freshly fruit platter, marmalade, butter,
tea or coffee.

\$265

SÁNDWICHES / SANDWICH MENU

Preparados con pan multigrano tostado con
papas a la francesa.

Our sandwiches are prepared with multi-grain bread
and french fries.

CLUB SÁNDWICH

Preparado con pollo (100 g), jamón, queso
manchego, tocino, acompañado de lechuga,
jitomate y cebolla.

Prepared with chicken (100 g), ham,
manchego cheese, bacon, lettuce, tomato
and onion.

\$250

SÁNDWICH TRADICIONAL / TRADITIONAL SÁNDWICH

amón, queso manchego, lechuga y jitomate.
Ham, manchego cheese, lettuce and tomato.

\$210

ESPECIALIDADES / SPECIALTIES

CHILAQUILES VERDES O ROJOS / GREEN OR RED CHILAQUILES

Fritura de maíz en salsa verde o roja con
pechuga de pollo (150 g), arrachera (150 g) o un
huevo frito

Corn tortilla pieces in green or red sauce with
chicken breast (150 g), flank steak (150 g) or
one fried egg.

\$245

DOS HUEVOS COCINADOS AL GUSTO / TWO EGGS COOCKED (2 piezas / pieces)

Fritos, omelette ó revueltos acompañados
con frijoles refritos y plátano macho frito.

(Fried, omelette or scrambled eggs) served
with refried beans and fried plantains.

\$220

ENCHILADAS (3 piezas / pieces)

Pollo deshebrado (100g), estilo suizo,
en salsa verde o mole.

Shredded chicken (100 g), Swiss-style,
green sauce or mole.

\$245

BEBIDAS / SOFT DRINKS

REFRESCO / SOFT DRINK (355 ml)	\$65
CERVEZA / BEER (355 ml)	\$85
LIMONADA / LEMONADE (355 ml)	\$75
NARANJADA / ORANGEADE (355 ml)	\$75
COPA DE VINO DE LA CASA / HOUSE WINE GLASS (188 ml) WHITE OR RED	\$150
CAFÉ AMERICANO / REGULAR COFFEE (144 ml)	\$55
CAFÉ EXPRESSO / ESPRESSO (30 ml)	\$55
CAFÉ CAPPUCINO / CAPPUCINO COFFEE (230 ml)	\$70
BOTELLA DE AGUA / BOTTLE WATER (355 ml)	\$50
MALTEADA / MILKSHAKE (355 ml) Fresa, vainilla, chocolate / strawberry, vanilla, chocolate	\$130
JUGO DE FRUTA / FRUIT JUICE (355 ml)	\$75
VASO DE LECHE / GLASS OF MILK (270 ml)	\$55
CHOCOLATE CALIENTE O FRÍO / HOT OR COLD CHOCOLATE (250 ml)	\$75

Todos los precios incluyen IVA (16%)/Prices include taxes (16%)
Precios en moneda nacional / Prices in mexican currency
La ingesta de los alimentos crudos es responsabilidad del comensal / Consumption of raw food is
responsability of the costumer.



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